Children's or Teenagers' Course Application Form for Dhamma Workers

Submit by Email

or save and email to childrens-courses@vaddhana.dhamma.org
Please answer all questions fully.

Date of course From: _____ To: _____

Location _____

PLEASE PRINT NEATLY. All information will be kept strictly confidential.

First Name _____
Last Name _____
Street _____
City _____
State/Province _____
Zip/Postal Code _____
Country _____

Home Phone _____
Cell Phone _____
Email Address _____
Gender ☐M ☐F
Age _____
Date of Birth _____
Occupation _____

Please give details of your courses with S.N. Goenka or any of his assistant teachers:

	Date	Location	Teachers
First course sat			
Last full time course sat			

Total number of 10 day courses that you have Sat full time: _____ Served full time: _____

Other Courses Sat: _____

Other Courses Served: _____

Number of Children's Courses Served: _____

Detail of most recent Children's Course served	Date: _____	Location: _____
	Teacher: _____	Your Role: _____

Have you practiced any other meditation techniques (including other Vipassana techniques) or therapeutic or healing techniques since your last course with S.N. Goenka or one of his assistant teachers? ☐**Yes** ☐**No**

If yes, please give details:

_____

Do you teach or practice on others? ☐ **Yes** ☐ **No**

If yes, please give details:

_____

Have you maintained your practice of Vipassana meditation since your last course? ☐ **Yes** ☐ **No**

Have you maintained the five precepts since your last course? ☐ **Yes** ☐ **No**

If no, please explain:

_____

Have you ever been convicted of a crime involving physical abuse or sexual misconduct? ☐ **Yes** ☐ **No**

If yes, please give details:

_____

Have you ever been the subject of an investigation regarding physical abuse or sexual misconduct? ☐ **Yes** ☐ **No**

If yes, please give details:

_____

Details of any employment or life experiences you may have had working with children/teenagers:

_____

Do you have any physical health problems, medical conditions or diseases? ☐ **Yes** ☐ **No**

If yes, please give details (dates, symptoms, duration, treatment, present condition).

_____

Do you have, or have you ever had, any mental health problems such as significant depression or anxiety, panic attacks, manic depression, schizophrenia, etc? ☐ **Yes** ☐ **No**

If yes, please give details (dates, symptoms, duration, hospitalization, treatment, present condition).

_____

Are you now taking, or have you taken within the last two years, any prescribed medication? ☐ **Yes** ☐ **No**

If yes, please give details (dates, types, dosage, present use).

_____

Are you now taking, or have you taken within the past two years, any alcohol or drugs (such as marijuana, amphetamines, barbiturates, cocaine, heroin, or other intoxicants)? ☐ **Yes** ☐ **No**

If yes, please give details (dates, types, amounts, treatment, present use).

_____

I acknowledge that I have carefully read and understood the "Code of Conduct for Dhamma Workers", and "Children's and Teens' Course Safety Guidelines" and I agree to abide by all the rules and regulations while I am at the Center.

I hereby certify that the above information is true to the best of my knowledge.

Signature _____ Date _____

Check here if you are driving to the course and willing to be contacted by others seeking a ride ☐

Children's and Teens' Course Safety Guidelines

These "Children's and Teens' Course Safety Guidelines" are set within the context of the "Dhamma Workers Code of Discipline" and should be followed with the same diligence to protect and preserve all participants during a children's or teens' course, as well as to preserve and protect the purity of the course and center atmosphere.

THE CODE OF DISCIPLINE

The principles set out in the "Code of Discipline" have been produced to ensure a peaceful, harmonious atmosphere during courses, conducive for all - children, teens and adults-to meditate.

The basis of the code of discipline is the five precepts that anyone of any age at a course or center are asked to follow:

- not to kill
- not to steal
- not to commit sexual misconduct
- not to lie
- not to take intoxicants

The goal of the following guidelines is to further ensure the welfare of children and teens while at children's or teens' course at either a center or non-center site and to insure that any suspicions of abuse or inappropriate conduct are responded to efficiently and effectively.

GUIDANCE FOR SERVERS ON CHILDREN'S AND TEENS' GOURSES

Contact with Children

- Any one-to-one work with children should be done in full view of others.

- All responsibilities involving the custodial care of children (e.g., contact in private or semi-private areas such as bedrooms and bathrooms) should be done in full view of others, and/or in pairs of adults.

- If in exceptional circumstances one-to-one contact cannot be avoided in more private areas, others should know about and support your actions (i.e., telling people before and after the event).

- Groups of children (three to six in number) should be attended to by assigned group leaders who are responsible for their care. However, in sleeping arrangements, adult group leaders should stay in a neighboring room whenever possible. If adult group leaders must sleep in the same room as the children, then the adults should only do so in pairs, not singly.

- In this Vipassana tradition, people are asked to refrain from physical contact with any other person while at meditation centers or during courses. However, it may sometimes be inevitable that physical contact between servers and children is required, such as when a child is injured or sick. Servers should ensure that any contact is for the benefit of the child and not the server and is not open to any misunderstanding.

Confidentiality

Any information about children, such as contact details and other background information, problems and issues on a course, dietary requirements and medical needs should be kept confidential and shared only with others on a need-to-know basis.

Harm to Children

Should there be a suspicion or an accusation that any inappropriate conduct or harm (physical, sexual or emotional) has been done to a child while on a children's or teens' course, either as a result of an action by a server or another child then the conducting CCT must be informed as soon as possible, 24 hours at the latest, (and notes made about what happened). The CCT should then take appropriate action which may involve informing the relevant civil authorities, and the Area Teachers responsible for the center.

I understand and will follow the guidelines outlined and described in this document.

Signed _____ Date _____